

# UNPACKING INSTRUCTIONS

**Tools Required:** T-45 Torx Wrench

1. Remove the four straps from the corrugated shipping container and remove the TOP TRAY (A).
2. Remove the DISPLAY CONSOLE BOX (B) and set aside. Lift and remove the two REAR SUPPORT POSTS (C).
3. Lift and remove the two FRONT SUPPORT POSTS (D). Carefully lift and remove the SHIPPING SLEEVE (E).
4. Remove the SHIP KIT (F) and set it aside.
5. Carefully remove all protective plastic wrapping.
6. Locate the four 3/8-16 x 3/4" BUTTON HEAD SCREWS (G) from the hardware bag located in the SHIP KIT (F).

7. Remove the ACCESSORY TRAY (J) from the TOP CENTER PACKAGING SUPPORT (K). Remove the TOP CENTER PACKAGING SUPPORT.
8. The CONSOLE SUPPORT (L) is shipped within the LOWER CENTER PACKAGING SUPPORT (M). Carefully lift CONSOLE SUPPORT upward and remove the LOWER CENTER PACKAGING SUPPORT.

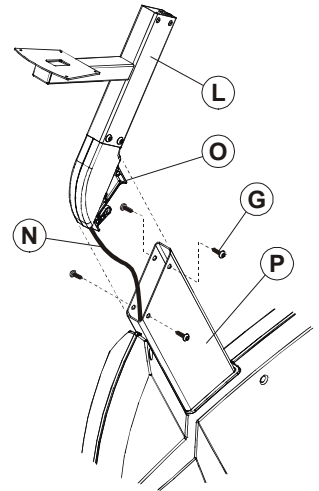


**CAUTION:** BE CAREFUL NOT TO DAMAGE THE WIRE HARNESS (N) WHEN HANDLING THE CONSOLE SUPPORT (L).

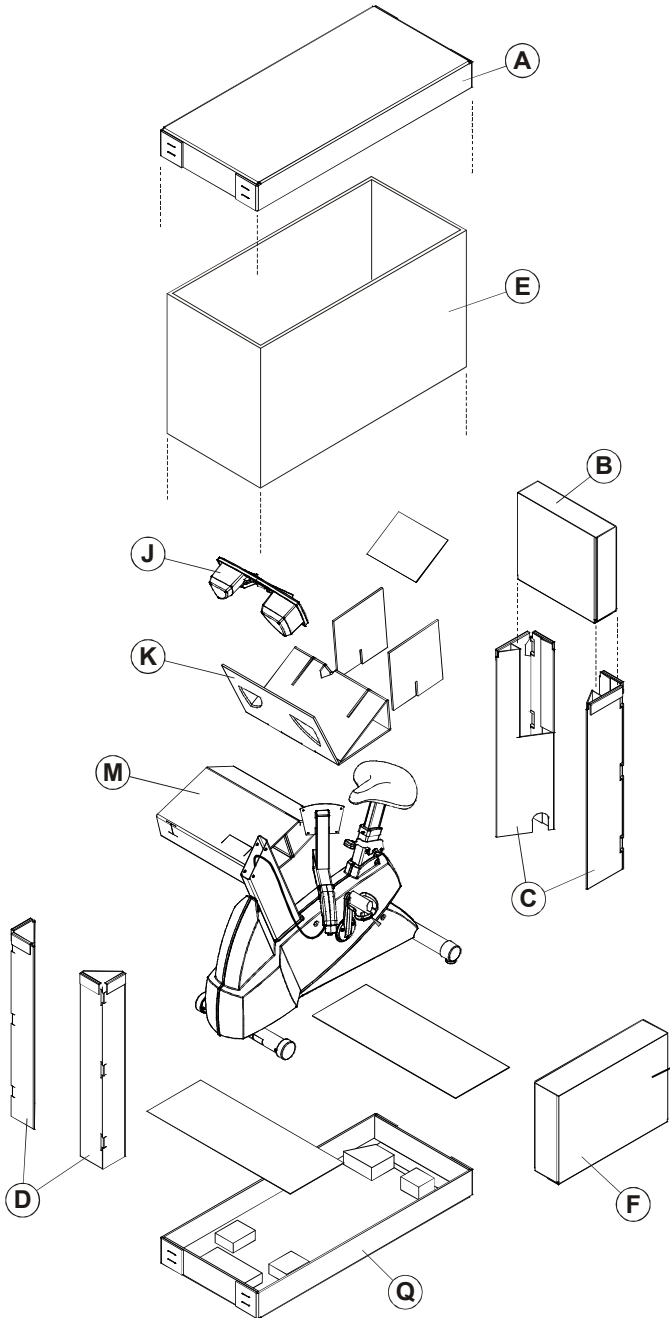
9. Pivot the CONSOLE SUPPORT (L) upward. Align and insert the CONSOLE SUPPORT MOUNTING FLANGE (O) into the top of the MONOCOLUMN (P). Secure the CONSOLE SUPPORT to the MONOCOLUMN using the four 3/8-16 x 3/4" BUTTON HEAD SCREWS (G). Tighten the screws to 15-20 ft. lbs.



**CAUTION:** BE CAREFUL NOT TO DAMAGE THE WIRE HARNESS (N) WHEN ATTACHING THE CONSOLE SUPPORT (L) TO THE MONOCOLUMN (P).



10. Carefully lift the exercise bike from the BOTTOM TRAY (Q).
11. Follow the Assembly Instructions included in the parts bag to complete the assembly of your exercise bike.



**Ship Kit (F) Contents:**

- ✓ Handlebars
- ✓ Parts Bag
- ✓ Assembly Instructions
- ✓ Operation Manual
- ✓ Top and Bottom Polar Covers
- ✓ Seat Post Covers

**IMPORTANT  
SAVE YOUR PACKING MATERIALS IN CASE OF RETURN**